



Philadelphia Integrative Psychiatry

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Locations in the Philadelphia Area

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As a general rule, we do not prescribe benzodiazepines to clients, except under rare and specific circumstances (in certain stages of bipolar disorder, or for certain events such as procedures or flying, which are very anxiety provoking).

If you are a potential client already prescribed benzodiazepines, then please be aware that our main approach will include a plan to taper you off of the benzodiazepine over a period of time that is both safe and up to our discretion as practitioners.